

KANÁSZTÁNC
(Hungary)





Swineherder's dance of Karád (Somogy County).

Pronunciation: KAH-nahz TAHNTS



Source: Lányi-Pesovár-Czompo.

Record and Music: Qualiton LPX 18007, "Kanásztánc" or any other good Kanásztánc music. Ex: VRLP 401, "Kanásztánc," or Unidisc 230, "Danse des Batons." 4/4 meter

Steps and Motifs:

- cts 1. Lengető (leg swing) 
- 1 Hop on (or leap onto the) L ft and at the same time lift the R leg fwd low.
- 2 Hop on the L ft and bend the knee slightly; at the same time swing the lower R leg back or back/diag R.
- 3 With a small jump, close both ft together.
- 4 Leap onto the R ft and at the same time swing the L lower leg back or back/diag L.
Repeat with opp ftwork (Symmetrical).
- 1-2 2. Lengető Cifrával (leg swing with "cifra") 
- 3 Repeat action of cts 1-2, Step 1.
- 3 Step in place with R ft.
- & Step in place with L ft.
- 4 Step in place with R ft with slightly bent knee. At the same time lift the L lower leg back or back/diag L.
Repeat with opp ftwork (symmetrical).
3. Cifra és Oldalazó (cifra and side steps)
- 
- 1 Step/leap to the R side with R ft.
- & Step/leap with the L ft behind the R ft.
- 2 Step/leap to the R side with R ft and bend the knee.
- 3-4 Symmetrical repeat of cts 1,&,2 (Step 3).
- 5 Step to the R side with the R ft, with slightly bent knee.
- & Step on the L ft (heel) in place with straight knee.
- 6,&,7,& Repeat action of cts 5,&, (Step 3) two more times.
- 8 Step to the R side with R ft with bent knee.
Repeat the whole motif with opp ftwork (symmetrical).
- 1 4. Bokázós Cifra (cifra with heel click) 
- & Leap to the R with R ft, at the same time lift L lower leg back/diag L.
- 2 Step with L ft in place clicking the heels together.
Step with R ft to R with a slight knee bend; in the meantime, lift L leg to L side low.
Repeat with opp ftwork (symmetrical).

KANÁSZTÁNC (continued)

5. Gyors Lengető (fast leg swing) 
 Starting pos: wt on the L ft, the R ft is fwd low.
 1 Hop on L ft; at the same time swing R lower leg to R diag back.
 & Leap onto R ft in place; at the same time lift L lower leg to L diag back.
 2 Hop on the R ft, bending the knee, and at the same time swing the L leg to fwd low pos.
 Repeat with opp ftwork (symmetrical)
6. Ugrós Bokázó (jump, heel click) 
 1 Hop on the L ft.
 & Step with R ft to L fwd diag (in front and across the L ft).
 2 With a small jump to the L, close both ft together (heel click).
 Repeat with opp ftwork (symmetrical).

THE DANCE

Formation: Individual dancers, hands on hips or short lines with hands on shldr (T pos). The described steps and motifs can be danced in any comfortable order or any one of them can be done as many times as the individual wishes.

Recommended Sequences:

- A Lengető (leg swing) #1 two times.
Lengető Cifrával (leg swing with "cifra") #2 two times.
Cifra és Oldalazó (cifra with side steps) #3 two times.
- B Bokázós Cifra (cifra with heel click) #4 four times.
 Note: On the last ct, arrive at the starting pos of Motif #5.
Gyors Lengető (fast leg swing) #5 four times.
Ugrós Bokázó (jump, heel click) #6 four times.

Each sequence can be done repeatedly or alternately.

Presented by Andor Czompo

© Copyright 1976 by Andor Czompo, State University College, Cortland, New York 13045. This dance description may not be reproduced without the written permission of Andor Czompo.